

# Recreate™ Unbreaded Plant-based Chicken Grounds. 8 oz

GTIN 00196852695935

STOCK# 1006

STORAGE

COOK METHOD

DOWNLOAD  
SPECS

FROZEN

VARIES

## Product Description

Plant-based "chicken" grounds made with our special blend of soy-free plant proteins, bold flavors. These grounds are perfect for skillet, taco meat, taquitos, soups, "meat" balls, pizza toppings, stir fries, curries, Philly cheese steak sandwiches, etc. With our plant-based grounds you can create your own unique creations from scratch. If you want complete control in a plant-based form, this product is for you.



## Cooking Instructions

1. Defrost Recreate plant-based ground chicken thoroughly.
2. Bring non-stick pan or griddle to medium high heat.
3. Using tongs or a spatula, break up the grounds completely.
4. Cook for 3-4 minutes, moving frequently to brown evenly.
5. Cook to a minimum internal temperature of 165°F.

## Ingredients

Water, texturized wheat protein, canola oil, texturized pea protein, natural flavors, vegetable juice for color, fermented pea protein, methylcellulose, seasoning (salt, onion powder, garlic powder, spice, with not more than 2% silicon dioxide added as an anti-caking agent), vegetable fiber (oat hull fiber, psyllium, potato fiber).

## Storage

| Shelf Life | Temp Max | Storage |
|------------|----------|---------|
| 365 Days   | 32 Deg   | Frozen  |

## Packing

|                     |             |
|---------------------|-------------|
| <b>Gross Weight</b> | 23 lbs      |
| <b>Net Weight</b>   | 22 lbs      |
| <b>Dimensions</b>   | 19x12x6 box |
| <b>TI</b>           | 7           |
| <b>HI</b>           | 5           |

## Nutrition Facts

|                               |                       |
|-------------------------------|-----------------------|
| 4 servings per container      |                       |
| <b>Serving size</b>           | <b>1/4 lb (113g)</b>  |
| <b>Amount Per Serving</b>     | <b>200</b>            |
| <b>Calories</b>               | <b>% Daily Value*</b> |
| <b>Total Fat</b> 11g          | <b>13%</b>            |
| Saturated Fat 1g              | <b>5%</b>             |
| Trans Fat 0g                  |                       |
| <b>Cholesterol</b> 0mg        | <b>0%</b>             |
| <b>Sodium</b> 640mg           | <b>28%</b>            |
| <b>Total Carbohydrate</b> 10g | <b>3%</b>             |
| Dietary Fiber 2g              | <b>7%</b>             |
| Total Sugars less than 1g     |                       |
| Includes 0g Added Sugars      | <b>1%</b>             |
| <b>Protein</b> 19g            | <b>26%</b>            |
| Vitamin D 0.0mcg              | 0%                    |
| Calcium 1720mg                | 130%                  |
| Iron 3.6mg                    | 20%                   |
| Potassium 30mg                | 0%                    |

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



**RECREATE**  **TE**  
UNBELIEVABLY DELICIOUS | **PLANT BASED** FOODS