

Recreate™ Unbreaded Plant-based Chicken Filet. 3.2oz

GTIN 00196852294947

STOCK# 1007

STORAGE

COOK METHOD

DOWNLOAD
SPECS

FROZEN

FRY/GRILL/PAN

Product Description

A seasoned plant-based "chicken" filet made with our special blend of soy-free plant proteins with bold flavors to create a perfectly tasty texture. Use this unbreaded meat-alternative for salads, sandwiches, and more!



Cooking Instructions

1. For grill: Spray surface with oil and cook like a chicken filet or burger.
2. For pan fried/sautéed: Warm pan with vegetable oil on medium heat.
3. Cook each side for 3-5 minutes until browned and internal temperature is 165 degrees F.

Ingredients

Water, texturized wheat protein, canola oil, texturized pea protein, natural flavors, vegetable juice for color, fermented pea protein, methylcellulose, seasoning (salt, onion powder, garlic powder, spice, with not more than 2% silicon dioxide added as an anti-caking agent), vegetable fiber (oat hull fiber, psyllium, potato fiber).

Storage

Shelf Life	Temp Max	Storage
365 Days	32 Deg	Frozen

Packing

Gross Weight	23 lbs
Net Weight	22 lbs
Dimensions	19x12x6 box
TI	7
HI	5

Nutrition Facts

1 Filet	
Serving size	3.2oz (90g)
Amount Per Serving	
Calories	160
<small>% Daily Value*</small>	
Total Fat 8g	11%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 510mg	22%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	6%
Total Sugars less than 1g	
Includes 0g Added Sugars	1%
Protein 15g	
Vitamin D 0.0mcg	0%
Calcium 1370mg	110%
Iron 2.8mg	15%
Potassium 20mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

