

# Recreate™ Unbreaded Plant-based Chicken Tenders. 0.7oz

GTIN 00196852404636

STOCK# 1003

STORAGE

COOK METHOD

DOWNLOAD SPECS

FROZEN FRY/GRILL/PAN

## Product Description

Plant-based "chicken" tenders made with our special blend of soy-free plant proteins, bold flavors, and the perfect texture. These tenders are best for skewers, pastas, to top your savory salads, or to use your own super-special breading mix.



## Cooking Instructions

1. Defrost RECREATE™ plant based chicken filet.
2. For grill: Spray surface with oil and cook like a chicken filet or burger.
3. For pan fried/sautéed: Warm pan with vegetable oil on medium heat.
4. Cook each side for 3-5 minutes until browned and internal temperature is 165 degrees F.

## Ingredients

Water, texturized wheat protein, canola oil, texturized pea protein, natural flavors, vegetable juice for color, fermented pea protein, methylcellulose, seasoning (salt, onion powder, garlic powder, spice, with not more than 2% silicon dioxide added as an anti-caking agent), vegetable fiber (oat hull fiber, psyllium, potato fiber).

## Storage

Shelf Life	Temp Max	Storage
365 Days	32 Deg	Frozen

## Packing

<b>Gross Weight</b>	21 lbs
<b>Net Weight</b>	20 lbs
<b>Dimensions</b>	19x12x6 box
<b>TI</b>	7
<b>HI</b>	5

Nutrition Facts	
3 Unbreaded Tenders	
<b>Serving size</b>	<b>60g (2.1oz)</b>
Amount Per Serving	
<b>Calories</b>	<b>110</b>
% Daily Value*	
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 0g	<b>2%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 340mg	<b>15%</b>
<b>Total Carbohydrate</b> 7g	<b>3%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars less than 1g	
Includes 0g Added Sugars	<b>1%</b>
<b>Protein</b> 10g	
Vitamin D 0.0mcg	<b>0%</b>
Calcium 953mg	<b>87%</b>
Iron 3mg	<b>16%</b>
Potassium 62.4mg	<b>1%</b>

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

